

# Substance Reference Guide



**MIND SHIFT**  
4 LIFE

<p><b>Alcohol</b></p> <p>Grog, booze, hooch, moonshine, goon, vino, piss, juice, liquor, sauce</p>	<p><b>Benzodiazepines</b></p> <p>benzos, downers, sleepers, valium, Xanax, Kalma, rowies, seros, temazzies, tranks, tranquillisers, v, vals, normies, roofies, xanies, bricks, rivies, aunty val</p>	<p><b>Betel Nut</b></p> <p>areca, quids</p>	<p><b>Caffeine</b></p> <p>energy drinks, tea, coffee</p>
<p><b>Cannabis</b></p> <p>marijuana, dope, pot, grass, weed, ganga, gunja, mull, doobie, mary jane, bud, hash, bhang, skunk, head, hydro, chronic, yarndi, bush, Bhang, choof, kif, oobie, resin, wacky weed, zoro</p>	<p><b>Cocaine</b></p> <p>coke, crack, charlie, blow, toot, snow, nose candy, white dust, cola, dust, freebase, llello, white</p>	<p><b>Ecstasy</b></p> <p>E, pills, ecy, XTC, MDMA, pingas, Adam, X, Caps, molly, adam, ck, disco biscuit, scooby snacks</p>	<p><b>E-cigarettes</b></p> <p>electronic cigarettes, vaping, e-cigs</p>
<p><b>Energy drinks</b></p> <p>energy drinks, energy "shots"</p>	<p><b>GHB</b></p> <p>G, grievous bodily harm, fantasy, liquid E, liquid ecstasy, 4-hydroxybutanoic acid, GBL, 1,4-B, blue nitro, gamma hydroxybutyrate, ghb, gina</p>	<p><b>Hallucinogens</b></p> <p>LSD, psilocybin (magic mushrooms), DMT (dimethyltryptamine), datura, mescaline, ayahuasca, acid, blotters, cid, cubes, liberty caps, liberties, mushrooms, microdot,</p>	<p><b>Heroin</b></p> <p>Smack, H, horse, Harry, boy, junk, shit, skag, brown, dragon, gear, hammer, opioids, opium, smack</p>
<p><b>Ice</b></p> <p>base, crystal, crystal meth, meth, shabu, ox blood, whiz, goey, amphetamine, crank, eye openers, glass, go-ee, paste, rev, Ritalin, speed, tweak, uppers, wax, zest</p>	<p><b>Inhalants</b></p> <p>amyl, poppers, bulbs, nangs, bagging, chroming, gas, glue, huffing, inhaling, rush, snappers, sniffing</p>	<p><b>Kava</b></p> <p>kawa, waka, lewena, yaqona, grog, sakau, 'awa, 'ava, wati, Piper methysticum</p>	<p><b>Ketamine</b></p> <p>K, special K, vitamin K, cat tranquilizer, ket, ketaset, ketalar, kitkat, lady k, super k</p>

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<b>Khat</b> catha edulis Forsk, qat, kat, chat	<b>LSD</b> LSD, acid, tabs, trips, blotters, microdots, cubes, zen	<b>Magic mushrooms</b> shrooms, mushies, gold tops, blue meanies, liberty caps, liberties, sacred mushrooms, caps, boomers	<b>Methamphetamines</b> base, crystal, ice, crystal meth, meth, shabu, ox blood, whiz, goey, amphetamine, crank, eye openers, glass, go-ee, paste, rev, Ritalin, speed, tweak, uppers, wax, zest
<b>Oxycodone</b> Hillbilly heroin, morphine, endone, oxynorm, oxycontin	<b>Painkillers</b> analgesics, pain-killers, OTC, NSAIDs	<b>PMA</b> para-methoxyamphetamine	<b>Steroids</b> anabolic, androgenic, roids, gear, juice, vets' drugs, Caseys, peptides, hormones, andro, arnies, a's, balls or bulls, gym candy, high, performance & image enhancing drugs, pumpers, stackers, steroids,
<b>Synthetic cannabis</b> spice, kronic, AB-CHMINACA, AB-PINACA	<b>Synthetic drugs</b> 'legal highs', herbal highs, new and emerging drugs, research chemicals, analogues, legal highs, synthetic drugs, designer drugs, novel psychoactive substances, bath salts, spice, spice gold,	<b>Tobacco</b> smokes, ciggies, cigs, fags, rollies, durries, tabs	<b>Vaping</b> Vapes, vaping, e-cigs, e-hookahs, mods, vape pens, vape sticks, pods, cuvies, stigs

## Reference:

<https://druginfo.sl.nsw.gov.au/drugs/a-to-z-of-drugs>

## Other Resources:

<https://www.sl.nsw.gov.au/quick-guide-drugs-alcohol>

<https://adis.health.qld.gov.au/>

<https://adf.org.au/drug-facts/> <https://adf.org.au/resources/>

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